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Hope College

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# Waking the dreamer in all of us

Visit from renowned civil rights speaker Gwendolyn Boyd punctuates Civil Rights Week at Hope



PHOTO BY LIZ MARTIN

**POISED TO MAKE A DIFFERENCE—** The Rev. Dr. Boyd addresses the pleasantly packed rows at Dimnent Memorial Chapel during her address on Tuesday, Jan. 21, 2014, the day after Martin Luther King Jr. Day.

**Matthew Milliken**  
GUEST WRITER

Last week Tuesday, Hope College was honored with the opportunity to present the Rev. Dr. Gwendolyn Boyd in the shoulder-to-shoulder insulated warmth of Dimnent Memorial Chapel. Her much-anticipated message, delivered during Hope College's Civil Rights Week, managed to build, meet and exceed the hype that surrounded her podium that night.

Boyd touched on modern-day issues involving the civil rights movement. Boyd opened with a convicting statement, saying the dream of the civil rights movement has not been fully accomplished. She had such a convicting voice that hinted toward her roots with the African Methodist Episcopal Church. Her tonal inflections seemed to give reminiscing allusions to Dr. Martin Luther King Jr. himself, the most

influential advocate of the 20th century. Boyd was a clear, articulated, credible speaker who motivated how we, the future generation, can live and fulfill the civil rights dream.

This notion of a continuing civil rights movement that peaked in the late 1960s has diminished since. While we do not see bombings, public

hangings or segregation within our society to the extent that we did in the past, we still see discrimination occur universally. Whether children are inflicted with the arrogant innocence of their peers based on the color of their skin, or migrant workers being marginalized in their own

SEE BOYD, PAGE 2

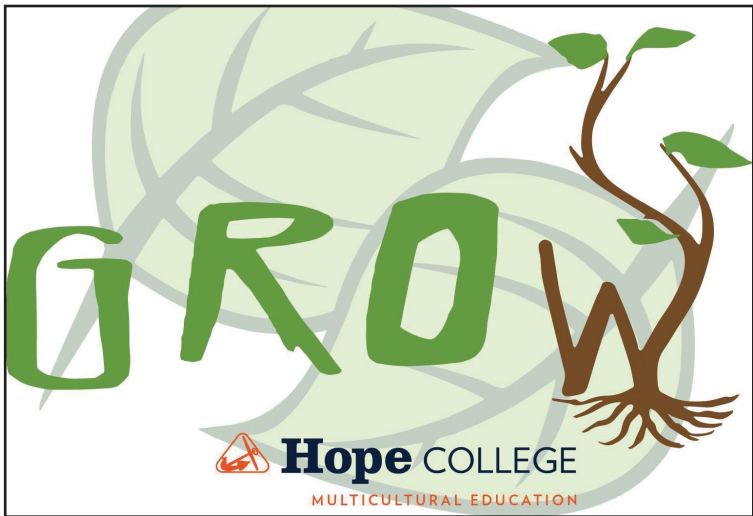


PHOTO COURTESY OF THE OFFICE OF MULTICULTURAL EDUCATION

# Adjusting to living in a snow globe

Hope students share their thoughts and complaints about the ongoing polar vortex

**Claire Johnson**  
CAMPUS NEWS CO-EDITOR

It's officially winter at Hope College, which means students and teachers alike are becoming unrecognizable behind thick layers of scarves, a Patagonia fleece atop sweatshirts from The North Face and winter hats pulled down low. Unless you can recognize your friends by their squinty eyes and frost-covered eyelashes, you may be out of luck in finding someone to sit by during chapel or in Phelps for dinner. It's that time of year when it becomes commonplace to see someone slipping and sliding across 10th Street on their way to class (and occasionally falling) and Hope senior chaplain Paul Boersma breaks out the Ugg boots (or as he calls them, MUgg's—male Ugg boots). Will they be as trendy by this time next year as Boersma predicts? Only time will tell.

In the past week, more Hope events have been canceled than

*The Anchor* staff can even count; from canceled classes on Friday afternoon (but who's complaining?) to Hope's annual Winter Happening, from swim meets to basketball games (as of today, the men's basketball game against Kalamazoo College has been rescheduled twice), even Winter Fantasia had to be revamped due to terrible driving conditions. While non-idyllic weather is typical during the Michigan winter, the severity of the last several weeks have many people questioning when Michiganders will finally catch a break.

In honor of those suffering under the weight of this season (and about four feet of snow, by my count), *The Anchor* wanted to highlight some notable comments from the students and staff of Hope College.

"This weather makes me think, 'Holy crapes!'" — Elly Vander Zouwen ('15)

SEE BRRR, PAGE 2



PHOTO BY CAROLINE STERR



PHOTO BY JAKE BUIKEMA



PHOTO BY JEFF ZITA

**A BLISSFUL GLIMPSE BETWEEN STORMS—** Hope's campus in a few scattered moments of peace between the usual eye-watering wind chills and whiteouts of this winter.



**ARTS**  
**Sounds like a win**  
Get caught up on the Grammy winners from Jan. 26.  
**Page 5**

**FEATURES**  
**Be careful with comparison**  
Social media may help you keep in touch with grandma, but it may also be harmful to your self-esteem.  
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**SPORTS**  
**Running wild this winter**  
Zach Zandbergen ('15) writes on what it's like running hundreds of miles outside in winter's brutality.  
**Page 11**



THIS WEEK AT HOPE

**Wednesday Jan. 29**  
**Lecture on Markets and Morality**  
Winants Auditorium, 7 p.m.  
**Fred Hersch and Trio**  
Knickerbocker Theatre, 7:30 p.m.

**Thursday Jan. 30**  
**VWS Q&A with Busch and Prcic**  
Fried-Hemenway Auditorium, 3:30 p.m.  
**VWS Reading**  
Winants Auditorium, 7 p.m.  
**SAC Event: Rudy Currence**  
The Kletz, 9 p.m.

**Friday Jan. 31**  
**eighth blackbird Performance**  
Dimnent Memorial Chapel, 7:30 p.m.  
**SAC Presents: Ingrid Michaelson**  
Knickerbocker Theatre, 8 p.m.

**Monday Feb. 3**  
**Schregardus Lecture**  
Winants Auditorium, 7 p.m.

IN BRIEF

HOPE MEN VICTORIOUS

Hope College’s all-men acappella ensemble, 12th Street Harmony, took home the award for “Best Male Group” at the fourth annual A Cappell-Off A Cappella Competition on Saturday, Jan. 18. The event, which is organized by Grand Valley State University, was held at Allendale High School. Among the wide variety of groups represented at the event were men’s, women’s and mixed ensemble groups from Central Michigan University, Grand Valley State University, Michigan State University, Western Michigan University and Hope. 12th Street Harmony competed with two other male vocal groups for the award. 12th Street Harmony is composed of 10 male members of various majors. The group travels to local churches and high schools in addition to scheduled college events to perform each year.

HOPE STUDENTS VOLUNTEER FOR MLK DAY

On Saturday, Jan. 15, around 100 Hope College students volunteered at 10 community organizations to honor the legacy of Dr. Martin Luther King Jr. The event, which was sponsored by Volunteer Services, was designed to be similar in structure to the annual fall event Time To Serve. While Time To Serve caters mainly toward new students, this opportunity allowed all Hope students to participate and serve the Holland community. This fall, Time to Serve had over 350 student participants at 35 locations. Volunteer Services hopes that in a few years, “Martin Luther King Time To Serve” will attract as many participants.

CANCEL WINTER FANTASIA? SNOW WAY— A relocation couldn't stop SAC from throwing a smashing party.



PHOTO COURTESY OF MADDIE AURIEMMA



PHOTO COURTESY OF NOAH LOULA



PHOTO BY LAUREN GOBELMAN

Rev. Dr. Boyd’s vision for Hope

♦ **BOYD**, from page 1

workforce, discrimination and racism still affect citizens of our country today. Boyd acknowledged this observation and offered insight on implementing ways to achieve the civil rights dream. The title of her talk, “The Heart of an Activist: Grow Local, Think Global,” summed up her

response against racism, poverty and injustice. She emphasized the importance of investing in our own community, particularly the youth, so that they could fill the shoes Dr. Martin Luther King Jr. filled for his generation. She summarized with a quote by Ellen Johnson, saying, “If your dreams don’t scare you, they’re not big enough.”

Perspectives: Recent speakers

**Matthew Milliken**  
GUEST WRITER

I thought Gwendolyn Boyd was far more compelling than Hope College’s earlier speaker, Bob Goff. While enjoying both speakers, I found Boyd’s speech to be much more applicable. Goff, writer of “Love Does,” based his speech on various stories of his life, which were then followed by specific scripture passages to reinforce his personal beliefs. Goff was harder to relate to, mostly because I am a college student who works part-time, not a lawyer who can financially swing South African trips every nine weeks. His simple catch phrase, “Love God, love people, do stuff,” is simple at its core yet vague in its potential. Rather than focusing on a simple message, Boyd took her message of activism and developed it. She asked rhetorical questions that allowed self-reflection. One of which was a direct, potent quote by MLK Jr. himself: “What are you doing for others?” I felt invigorated to invest in something so tangible to the area I am currently in, with the resources I’m encompassed with: education. She emphasized how we need to implement our education in order to make change in the world, which was also reiterated by Trygve Johnson in the Gathering service after Goff’s speech that week. Boyd was by far one of the best speakers I have seen at Hope in the past three years. Her conviction spoke of purpose and reason, tangible outcomes and drive, rather than eccentric

parables and prosperity-driven ideals. She evoked a mentality that takes pride in investing in our youth, the next generation, and by using education to do so.

Few Hope students optimistic about the weather this year

♦ **BRRR**, from page 1

“I’m sick of [the weather], but it’s nice to have something new to talk about. It mixes things up a bit.” – Kate Ralston, Visit Coordinator at Admissions  
“I just watched a movie about Northern Inuit people and I thought, ‘Oh, I can really relate to them. I feel like an Eskimo.’” – Holly Thompson (’15)  
“If Michigan wasn’t so wonderful in the spring, summer and fall I would move.” – Alison VanLoon (’14)  
“If the temperature is less than my age, I don’t get out of bed.” – Ellen DeGeneres  
“The snow banks here are taller than any person I’ve seen at Hope College.” – Kara Josephson (’16)  
“It’s so cold my face is going to fall off.” – Erin Schregardus (’16)  
“Even growing up in Holland I don’t remember ever having a stretch of weather as intensely cold and snowy as these last few weeks. I wish this storm had come five years ago so I could cash in on all these snow days!” – David Blystra (’14)  
“I’ve never in my life seen this much and I’m from Chicago.” – Allie Urban (’16)  
“It’s so cold, when I cry my tears freeze.” – Katie Bird (’16)

“It snowed so much that it’s preventing my snow boots from getting here in the mail – HELP!” – Sarah Davenport (’16)  
“It was a long walk back from DeVos, but I kind of liked it! I wouldn’t drive in it though.” – Maggie Deaton (’14)  
“I only slipped twice today!” – Kali Van Dyk (’14)  
A few positive comments brought perspective:  
“I think it’s special in today’s day and age that the whole world can still be shut down by a little snow. But I’m chilly.” – Blake Johnson (’17)  
“This is how winter should be. If it’s going to be cold I want it to be really cold!” – Austin Homkes (’14)  
If you’re feeling chilly in body and mind this season, you’re not alone. Maybe it’s time to make the season more bearable by trying something new outdoors, like cross-country skiing or snowshoeing (and isn’t it about time for another campus-wide snowball fight in the Pine Grove?).  
Hike to Lake Michigan—it’s particularly beautiful this time of year. If, however, you find the cold too unbearable, have no fear—it sounds like we’ll be getting hit by a heat wave soon. After all, the high for today is a balmy 18° F.

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# Ukraine protests continue to boil over

## After the Ukrainian government’s decision not to partner with the EU, protests have erupted

**Shubham Sapkota**  
STAFF WRITER

The protests that started in November in Ukraine have been labeled as “getting out of control.” The government’s decision not to sign a partnership deal with the European Union triggered a

series of demonstrations around Kiev. The decision not to make any agreements with the EU was announced on Nov. 21 and since then pro-EU sentiments have been clearly seen in the rallies. Ukraine has tried for a long time to promote a good relationship with the 28 nation

bloc of the EU, but its close relationship with the Russian government has given rise to a lot of problems. Soon after the decision was made, pro-EU groups urged President Viktor Yanukovich to rethink his decision. Not being able to change his mind, the protests

that started in late November have continued in a violent manner.

However, on Dec. 17, 2013, Russia and Ukraine struck a major deal under which Russia would buy \$15 billion worth of Ukrainian government bonds. Even though this was a deal very crucial to the Ukraine’s struggle to avoid economic default, the ties with Russia have still remained a source of tension in the Eastern European nation. Most of these protesters are from Kiev and are more acquainted with the EU and want their country to demonstrate a willingness to be in the EU integration radar.

Moreover, the speculation of how Russia is still influencing Ukrainian politics has overwhelmed Ukrainians as well as EU leaders. With possibilities of a deal with the EU coming to a close last November, Russia made its stance clear; Ukraine’s reliance on Russian gas and other imports allows Russia to pull strings in Kiev.

The Russian Foreign Minister Sergey Lavrov stated that the protests are “getting out of control.” He further went on to

state that these clashes between anti-government protesters and police are getting scary and blamed EU politicians for stirring up the situation. In the midst of all this, new anti-protest laws were implemented starting Wednesday, Jan. 22, which were hurriedly passed in parliament last week. How well these laws will be helpful in diminishing the protests is still uncertain.

“Members of several European governments rushed to the Maidan without any invitation and took part in anti-government demonstrations,” Lavrov said, referring to the area where protesters have been camping. Even though she did not take names, the EU foreign policy chief Catherine Ashton did visit the protesters in December.

“We have information that much of this is being stimulated from abroad and is a complete violation of European standards of behavior,” Lavrov said. With more and more former Soviet countries joining the EU, Russia’s influence in the region has decreased. Moscow fears

SEE UKRAINE, PAGE 10



PHOTO COURTESY OF ASSOCIATED PRESS

**STANDING THEIR GROUND—** Protesters guard the barricades in front of riot police in Kiev, Ukraine, Jan. 27. Ukraine’s justice minister is threatening to call for a state of emergency.

### PERSPECTIVES

# State should bail out Detroit art museum

## \$350 million is a small price to preserve the Detroit Institute of Arts’ unique collection

**Alex Belica**  
WORLD CO-EDITOR

Michigan lawmakers and national philanthropists are drawing up an unprecedented plan to save the artwork in the renowned Detroit Institute of Arts (DIA). As *The Anchor* reported in October, the City of Detroit’s bankruptcy filing last summer puts some of the most valuable pieces of artwork owned by the museum at risk. Since the museum is owned by the city (although its day-to-day operations are currently run by an unaffiliated non-profit), the artwork, including works by Vincent van Gogh, Michelangelo, Pablo Picasso and Diego Rivera, is potentially at risk of being auctioned off to help pay back Detroit’s almost \$18 billion of debt. Such a sale would likely force the venerable museum to close.

A proposal, however, is emerging to both save the museum and help Detroit’s pensioners. Recently, nine major philanthropic organizations have pledged to provide \$330 million over the next 20 years to buy the museum’s collection from the city. The money would go to the pension funds for city workers which are currently underfunded by \$3.5 billion.

Last week, Michigan’s governor, Rick Snyder, announced proposed legislation that would

provide \$350 million in state funds to match the private charities’ contributions. Under the preliminary plan, the DIA itself would need to raise another \$100 million over 20 years to help buy the collection from the city. Overall, the plan would provide almost \$800 million to the pension funds.

Although some have criticized the proposal as a state bail-out that sets a bad precedent, the plan represents the best way out of a sticky situation.

First, \$350 million is a small price to pay to protect the art from being sold piecemeal at auctions, likely to foreign collectors, leaving the public unable to view the important pieces. The museum’s collection, considered one of the best of its kind in the nation, is an asset not just to the residents of Detroit but also to citizens from all over Michigan who regularly view the collection. Last year, 570,000 people visited the museum. The majority of these visitors lived outside the city proper.

The museum also serves as one of the region’s main tourist attractions. Nationally, Michigan has a reputation of being a culturally bland mid-western state. The museum’s Van Goghs and Picassos, recognizable to any tourist who has taken an elementary art class, help dispel that myth. As part of the bank-

ruptcy, Christie’s auction house in Detroit recently appraised the most valuable 5 percent of the museum’s massive collection at between \$550 and \$800 million. Because of the different foundations’ generous offer, the state can ensure that the collection stays in Michigan permanently while only spending \$350 million, substantially less than the art’s true value.

Second, the proposal would provide money for Detroit’s pensioners and expedite the city’s exit from bankruptcy. The \$800 million plan that would pay the pension funds would end up

in the hands of retired police officers, firefighters and other city employees. These are people who do not have extravagant lifestyles but are living modest lives.

Under this plan, the pension funds’ past mismanagement is not rewarded because the money is not enough to cover the collective \$3.5 billion shortfall without benefits cuts. The pensioners will still experience the consequences of mismanagement but without sending them all to the poor house. The money would also save both the city and state future legal fees by heading

off a long legal battle with the pensioners who currently stand to receive money only after the bond holders have been paid.

Snyder deserves applause for proposing a plan to do the right thing even though more state aid for Detroit will likely be unpopular with his base during an election year. Additionally, the plan is unlikely to gain him many votes in the highly Democratic Detroit. Hopefully our representatives in the state legislature will also do the right thing and approve the funding. A recovery in Detroit is important for Michigan’s future.

Hope College Presents

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HOPE COLLEGE FRENCH FILM FESTIVAL

BERLIN 1885: THE DIVISION OF AFRICA  
Thurs, Jan. 30; 4:00 pm; Knickerbocker Theater

FAREWELL  
Thurs, Jan. 30; 7:00 pm; Knickerbocker Theater

THE WOMEN ON THE 6TH FLOOR  
Fri, Jan. 31; 7:00 pm; Winants Auditorium-Graves Hall

THE PIROGUE  
Sat, Feb. 1; 3:00 pm; Knickerbocker Theater

MONSIEUR LAZHAR  
Sat, Feb. 1; 7:00pm; Knickerbocker Theater

FREE! Films include English subtitles. For full details:  
[www.hope.edu/academic/language/french/filmfest14.html](http://www.hope.edu/academic/language/french/filmfest14.html)

For more information visit: [www.hope.edu/academic/language/french/filmfest14.html](http://www.hope.edu/academic/language/french/filmfest14.html)



THIS WEEK IN BUSINESS

New home sales drop in December

Sales of new homes fell 7 percent in December as economists feared that the U.S. recovery was coming to a standstill.

The dollar recovers from 2-month slump versus yen

The dollar rose against the Japanese yen in a surprising move, with exports from Japan increasing nearly 15.3 percent from a year ago.

AppleiPhonesalesmiss their target; competition intensifies in the smartphone market

Apple reported selling fewer iPhones than projected at year-end and as a result said revenue in the current quarter could decline.

Government reaches deals with tech firms on data request

The administration agreed on Monday to allow tech companies to make more information public about how often the government monitors the Internet.

Microsoft buys the rights to hit video game franchise

Microsoft purchased the rights to the video game franchise “Gears of War,” gauranteeing that the series stays exclusively for the new Xbox One.

Venture capitalist apologizes for Kristallnact comparison

Venture capitalist Tom Perkins apologized for using the word Kristallnact in describing U.S. attitudes toward the rich.

Rosetta spacecraft wakes from slumber for historic comet rendezvous

Andrew Gomez-Seoane  
WORLD Co-EDITOR

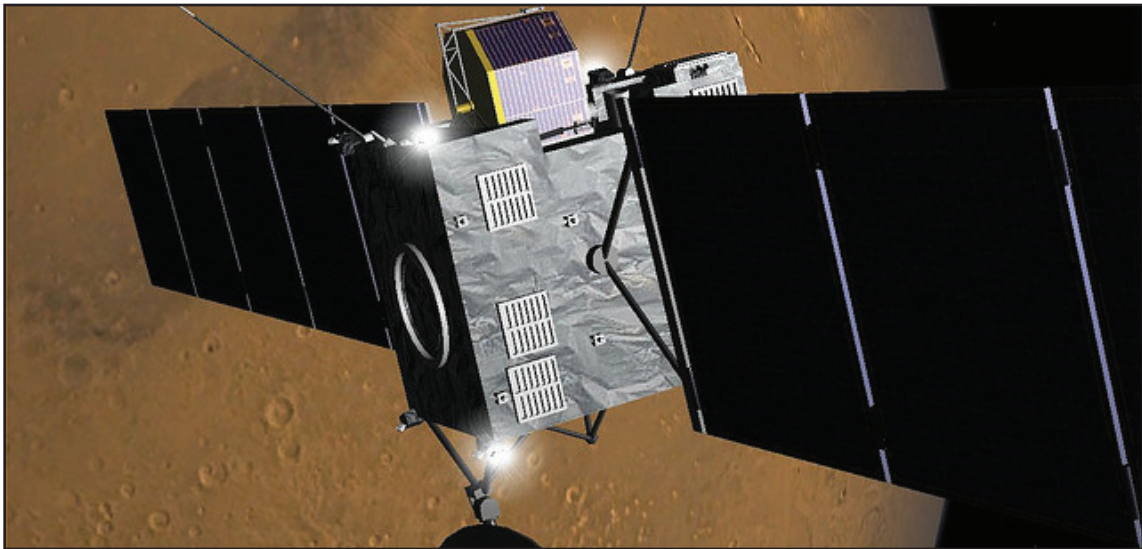
In a much-anticipated event, Jan. 20 marked the first time that the European probe Rosetta awoke from its deep sleep to gear up for an unprecedented comet rendezvous and landing this year.

This will cap a nearly decade-long voyage across the solar system, traveling 418 million miles from the Sun to its target. The wake-up call took hours to receive as Rosetta switched on heaters to warm itself after drifting in the cold reaches of space for so long.

“We made it,” Andrea Accomazzo, Rosetta’s spacecraft operations manager, shouted in a webcast. “We can definitely see a signal from Rosetta.”

The signal came after what was described as 18 minutes of intense silence as Rosetta’s mission team waited for word of the spacecraft. Rosetta’s wake-up process took several hours as the spacecraft began to power up and beam back its message back home. The spacecraft itself had been in slumber since mid-2011, when it had sailed near the orbit of Jupiter, where there was not enough sunlight available to power its instrumentations and main systems.

“This is one alarm clock not to hit snooze on, and after a tense day we are absolutely



CGI COURTESY OF BRUCE IRVING

ROSETTA SPACECRAFT PASSING MARS— Recently the Rosetta spacecraft began powering up as it made its approach to the comet 67/Churyumov-Gerasimenko.

delighted to have our spacecraft awake and back online,” Rosetta mission manager Fred Jansen said in a statement.

Officials at the European Space Agency held a “Wake Up, Rosetta!” video contest to encourage some involvement from the public. The solar-powered spacecraft will begin its final preparations to rendezvous with Comet 67P/Churyumov-Gerasimenko in May, then entering orbit around the icy body in August. The plan will be to allow Rosetta to release a piggyback probe to land on the comet in November.

It will deliver a 220-pound lander named Philae. When the time comes, it will eject

from the mother ship and spiral down toward the comet’s core. No probe has ever landed on a comet, but if Philae is successful, it will study the comet up close with over 10 science instruments, including a drill to snag samples beneath the surface.

“All other comet missions have been flybys, capturing fleeting moments in the life of these icy treasure chests,” said Matt Taylor, ESA’s Rosetta project scientist. “With Rosetta, we will track the evolution of a comet on a daily basis and for over a year, giving us a unique insight into a comet’s behavior and ultimately helping us to decipher their role in the

formation of the solar system.”

At the same time, the Rosetta orbiter will be studying the comet with its 11 scientific instruments. Both the orbiter and the lander will continue their measurements through December 2015. This will yield a detailed look at 67P/Churyumov-Gerasimenko’s structure and topography. NASA has also contributed some instrumentation to the spacecraft, including personnel.

With its long journey at an end, many anticipate that the changes we witness through Rosetta may help to mold our perspective on the motions of comets and give us a chance to avoid a near fatal collision.

New abortion bill in France sparks an outcry over push to relax restrictions on women

Brianna Cherry  
STAFF WRITER

The streets of Paris may be chilly, but politicians are in a heated debate over a recently proposed bill. The French Parliament has begun discussions on the possibility of a component to a new bill that would continue to give women considerably more rights surrounding legalized abortion. Currently, a woman must prove that she is in a “state of distress” in order to terminate a pregnancy to stay within the law. This only applies during the first 12 weeks after conception. It was in 1975 when abortion

first became legal under these standards. Some consider this rather conservative compared to the 24-week limit that Great Britain holds.

If this new bill is in fact passed, there would no longer be a requirement for the state of distress.

According to the French Directorate for Research, Studies, and Statistics, over 250,000 abortions were performed in France in 2010. In addition, reimbursements were dispersed beginning in April of 2013 for the total cost of the procedures.

In addition to allowing the termination, the bill would also

be adding a new dimension to the issue. If the bill is passed, it will be illegal to prevent a woman from entering a facility to receive information on abortion.

The legality surrounding abortion is just part of the controversy. Activists are looking to increase women’s rights across the board in regards to physical and emotional health. Another proposed change is the banning of beauty pageants for persons under the age of 13 and addressing paternity leave.

Over 40,000 people gathered in protest over the law. Many of those who gathered were affiliated with right-wing

religious groups. Word among the protesters is that the passing of this bill will “totally trivialize” abortion.

Former prime minister of France, Francois Fillon, advised against the new law, considering it a “moral and political fault.” He said, “It is a moral fault as it risks trivializing abortion” and “it is a political fault as it risks once again dividing the French.”

In response to the initial legalization of abortion in France, he mentioned that the right to termination should remain an “exception.” France’s minister for women’s rights, Najat Vallaud-Belkacem, in defense of the proposals, stated that she believes the term “in distress” is obsolete.

“This might seem merely symbolic, but it’s a strong message,” she said. “Women must have the right to choose whether to continue a pregnancy without having to justify themselves.”

Spain is also addressing changes in women’s rights surrounding abortion. A draft bill was proposed by the conservative government that would only allow abortions in cases of rape or risk to the mother’s health. In a response to this, many in France called out, “viva Espagna.”

The possibility of passing this controversial bill is causing uproar in the offices of healthcare officials and politicians alike. Upcoming votes will reveal the outcome and, hopefully, make peace for Paris.



PHOTO COURTESY OF ASSOCIATED PRESS

STREETS OF DISCONTENT— Protesters in France gather in the cold to protest President Hollande’s government and his radical social reforms, high unemployment and limits on speech.



# ‘Tearaway’ is a charming papercraft adventure

**Jimmy Champane**  
ARTS Co-EDITOR

On paper (no pun intended), “Tearaway” sounds like it could quite possibly be the weirdest game ever. You control a sentient envelope whose only ambition in life is to jump into the sun, which also happens to be a window into our world. However, in practice the game stands out as one of the best on the PS Vita, even if its mechanics aren’t as sound as I would have liked them to be.

Just like Media Molecule’s previous franchise, “LittleBigPlanet,” “Tearaway” is a platformer that emphasizes creativity 100 percent of the time. Unlike “LittleBigPlanet,” Iota is controlled on a 3D plane like the modern Mario games. The most apparent problem with “LittleBigPlanet” was that the floaty controls didn’t really work with how precise the platforming in the game was, and to that point “Tearaway” takes a step in the right direction. It’s not perfect by any means, but you’ll rarely feel cheated into a death because of the controls.

For many people, touch and gyroscope controls of any kind don’t impress unless they’re working 100 percent of the time, but “Tearaway” comes just close

enough to achieving this goal. Using the back pad to bounce Iota off a drum and seeing your finger burst through the world never gets boring. At the points where Media Molecule tries to mix those mechanics with the precision platforming is where they start to fall apart. Said situations only pop up in the last couple of levels though, so in this case it was easy to forgive.

Where “Tearaway” really shines is in the look and overall aesthetic design of the world. Much like the 2013 puzzle-platformer “Stick It To The Man!,” everything in “Tearaway’s” world looks like it could be created in this one. It’s truly commendable that Media Molecule was able to create such a varied world out of different colored paper, but each level was so different from the last that the design never felt stale.

Another problem with “LittleBigPlanet” was that the creativity side of the game always seemed a little disconnected from the story. In other words, the game didn’t adequately equip the player for the complex level creator that it left them with after finishing the game. “Tearaway” rectifies this by making the creativity side of things part of the story in an unobtrusive and much more



PHOTO COURTESY OF SONY COMPUTER ENTERTAINMENT AMERICA (SCEA)

**BLEEDING THROUGH THE PAPER— “Tearaway” utilizes the PS Vita’s unique front and back touch capabilities to literally put you in the game.**

personal way. Throughout the tale, you’re tasked with drawing and cutting out different objects from paper like a flame to light a candle, or a snowflake that will be multiplied into millions that start falling from the sky. Drawing with your finger takes some getting used to, but it’s done at just the perfect frequency throughout the game to keep it fun and fresh. Also, you can customize every single part of Iota, and you’re encouraged to do so. Media Molecule wants to create

a bond between you and Iota, and you’d be hard-pressed to say that they didn’t succeed.

The story itself is pretty cute to say the least, and it makes sure that it never lets go of your heartstrings throughout. The two narrators tell the story like a children’s book, and the utter innocence of it all is a breath of fresh air amongst the sea of shooters that came out last year. Always central is the theme that Iota wants to meet you, and throughout the entire tale you

find that you want to meet him, too. The soundtrack is also incredible, sitting strong with the likes of “Hotline Miami.”

“Tearaway” is a charming game from start to finish, and despite the fact that some of its parts aren’t as strong as they could have been, the complete package is without a doubt something special. The most important thing is that it’s a genuinely fun experience throughout. Vita owners who pick up this game are in for a real treat.

# Macklemore wins big at 2014 Grammy Awards

**Jimmy Champane**  
ARTS Co-EDITOR

Nobody likes feeling left out of the inevitable post-Grammy Awards conversations every year. However, thanks to the January homework rush, not everyone gets a chance to catch all the fun. Rest easy, bookworms, *The*

*Anchor* has compiled this handy list of big winners from Jan. 26’s show just for you. From Macklemore’s stunning four-award night, to Daft Punk’s Album of the Year win, you’ll want to take a look at this list so you can trick your friends into thinking that you watched the show just like them.




PHOTO BY MARK RUNYON, CONCERTTOUR.ORG

Macklemore took home a whopping four awards, including:

- Best New Artist
- Best Rap Song (“Thrift Shop”)
- Best Rap Album (“The Heist”)
- Best Rap Performance (“Thrift Shop”)

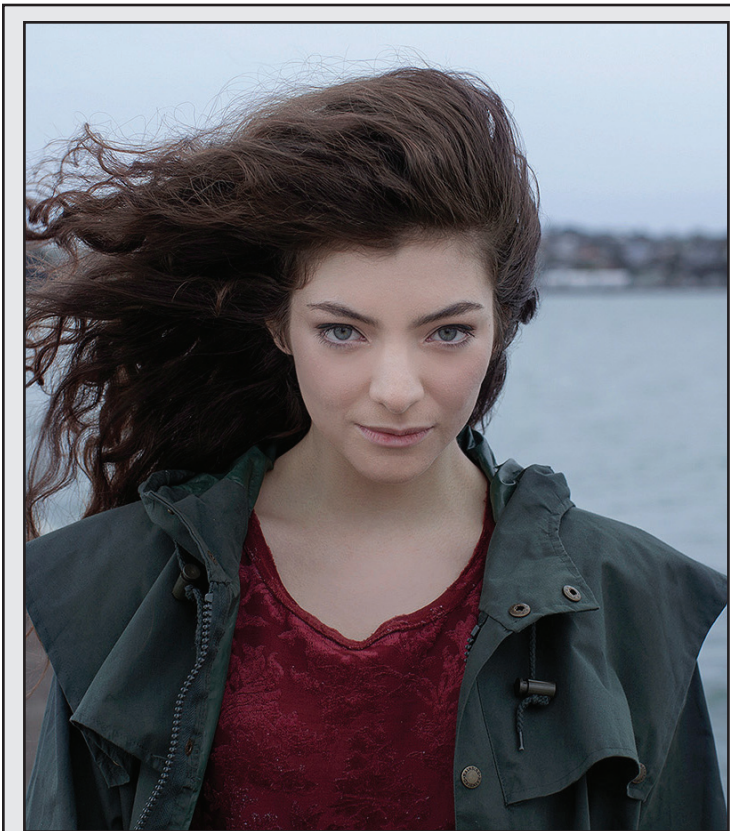


PHOTO COURTESY OF BWALLPAPERS

**LORDE QUICKLY RISES TO POWER—** It seems like this 17-year-old New Zealander came out of nowhere this past summer with her hit single “Royals,” which won her two respectable awards.




PHOTO COURTESY OF BWALLPAPERS

The recently returned Daft Punk also took home four awards, including:

- Album of the Year (“Random Access Memories”)
- Record of the Year (“Get Lucky”)
- Best Pop Duo Performance (“Get Lucky”)
- Best Dance/Electronica Album (“Random Access Memories”)




PHOTO BY KIRK STAUFFER

Lorde, the new breakout artist from New Zealand, brought home two awards, including:

- Song of the Year (“Royals”)
- Best Pop Solo Performance (“Royals”)




PHOTO COURTESY OF FLIKR

Myspace revivor Justin Timberlake also won two awards, including:

- Best R&B Song (“Pusher Love Girl”)
- Best Music Video (“Suit & Tie”)



# Music in therapy: mind, body and soul

Alicia Ghastin  
GUEST WRITER

Music is something each person experiences in a different, personal way. We hear music in so many different contexts, settings and for different purposes. We listen to classical music, rock music, sacred music, the list of genres goes on. But a new field in scientific research has grown in popularity over the last 30 years—how does music affect our bodies and minds, and how can we use it for healing therapy?

Music therapy has in fact existed in some form throughout history. In Medieval times, scholars looked at three levels of music: *musica mundana*, the spiritual level, music as a metaphysical principle; *musica humana*, the level of the soul or the mind, where the moral and ethical potential of music unfolds; and *musica instrumentalis*, the physical level of the body where the music can be heard by human beings. We experience a piece of the divine when we listen to music, through hearing the music with our bodies and being drawn emotionally to the music in different ways. They saw music as a fully personal human experience.

New scientific research



PHOTO BY TEMPOTHERAPY.COM

**THE DOUBLE MEANING OF HARMONY—** When music strikes a chord in us, we feel a transcendent connection. Some call it power, others call it “my jam,” others God.

has revealed how the music physiologically affects the functions of the body. Using bio-feed methods to measure heart rate and galvanic skin response, scientists compared subjects’ biological reaction to a slow adagio versus the thriller theme from Alfred Hitchcock’s “Psycho.” Subjects’ muscles tightened and heart rates increased when hearing the horror music. When listening to

the adagio, however, the study showed consistent drops in heart rate, which went up drastically when the music stopped.

Other research has focused on the concept of entrainment, how our bodily rhythms respond to the rhythmic aspect of music. In definition, entrainment is the synchronizing of two different rhythms. Higgins in the 17th century observed how two pendulum clocks on the

same surface will eventually synchronize. In physics language, the coupling force between two oscillators is seen both between the two clocks, within organisms and between organisms.

Our bodies “entrain” to music. Music therapists use this concept to calm crying babies with a slow beating drum, helping his heart rate return to calm.

Amateur runners also can benefit from listening to upbeat music to get them going. Through cool gadgets like bio-feed and MRI, music researchers are taking these unique physiological effects of music on our bodies and running with them, exploring how music can enhance the healing process on all levels.

Music therapy has been defined as the use of music or musical elements in a process designed to facilitate and promote communication, relationships, learning, mobilization, expression, organization and other relevant therapeutic objectives, in order to meet physical, emotional, mental, social and cognitive needs.

Similar to the three levels of music found in the Middle Ages, music in the therapeutic world is used on physical, human and spiritual levels.

Music is used in behavioral therapy, psychotherapy and educational therapy. Documentaries like “Alive Inside: A Story of Music and Memory” are great places to start exploring how the beauty of music affects us. The growing fields of music research and music therapy give an interesting perspective on the use of music in our lives.

## French Film Festival

Jan. 30 - Feb. 1 at the Knickerbocker Theatre



PHOTO BY MOVIEINSIDER.COM

Thursday

4pm “Berlin 1885: The Division of Africa”

7pm “Farewell”

Friday

7pm “The Woman on the 6th Floor”

\*screening in Winants Auditorium

Saturday

3pm “The Pirogue”

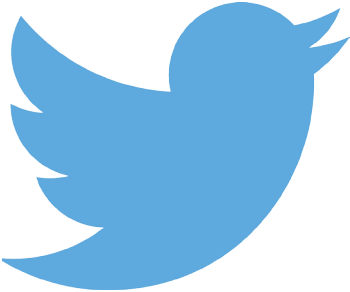
7pm “Monsieur Lazhar”

## The Anchor drops on social media



Like us on  
Facebook  
The Anchor

Follow us on  
Twitter  
@HopeAnchorNews



Brady Van Malsen  
ARTS Co-EDITOR

The Anchor has expanded. The paper you loved to pick up at your favorite study spot is now accessible wherever you are.

We at The Anchor are ecstatic about the opportunities presented by social networking sites, and we would like to welcome the greater Hope community to share the good news.

Together we can make The

Anchor a symbol of unity among students, alumni and anyone #blessed enough to have Hope in their lives.

Share the ways Hope has impacted you, where you would like to see change, what events you are pumped for, your #betterthancalvin memes, your college-life struggles, pictures of black squirrels and blizzards you brave to get to class.

Find us on Facebook and Twitter, and let's get talking.



# THE social media EFFECT

“We lived on farms,



PHOTO COURTESY OF ASSOCIATED PRESS

then we lived in cities,

and now we’re going to live on the Internet.”

-“The Social Network” (2010)

**“Am I spending too much time online?”** Every once in a while, I’ll take a step back from my shameless web-surfing and ask myself this question. It usually happens in the aftermath of a Pinterest binge or after I’ve “Facebook stalked” 1,000+ of my 10 closest friends’ pictures, and I don’t often give it a second thought. Recently, though, a series of studies caused me to truly think twice about my mindless online behavior.

**“A new University of Michigan study on college-aged adults finds that the more they used Facebook, the worse they felt. The study, published in the journal *PLOS One*, found Facebook use led to declines in moment-to-moment happiness and overall life satisfaction.” -npr.org**

This was the blurb that caught my eye. Is social media really bringing me down? The measures of decreased happiness used in the study were certainly issues to which I could relate. Participants were asked to discuss their feelings of loneliness, anxiety and general emotional well-being after spending time on Facebook. Significant results indicated an inverse relationship between Facebook use and overall emotional well-being, and a direct correlation between signing in and experiencing feelings of anxiety and loneliness. Notably, these results held true even with participants who did the majority of their socializing face-to-face instead of on social media.

**“When you’re on a site like Facebook, you get lots of posts about what people are doing. That sets up social comparison — you maybe feel your life is not as full and rich as those people you see,”** research co-author and University of Michigan cognitive neuroscientist, John Jonides told NPR.

National Public Radio (NPR) also covered a study on self-esteem and social media conducted by researchers at the University of Waterloo in Ontario, Canada, published in *Psychological Science*. This study discovered that people with high self-esteem tend to share feelings of happiness, thankfulness and excitement on social media while those with lower self-esteem post about more negative issues, “from seemingly minor things like having a terrible day or being frustrated with class schedules to more extreme feelings of rage and sorrow.” While these negative posters hoped “real friends would care,” researchers and psychologist Amanda Forest says “the posts actually backfired, neither winning the author new friends nor generating good feelings.” Notably, even those with positive self-esteem get caught up on issues like the “thumbs up” system on Facebook. People at all ends of the spectrum express dissatisfaction when their posts don’t receive as many “likes” as similar posts by their peers.

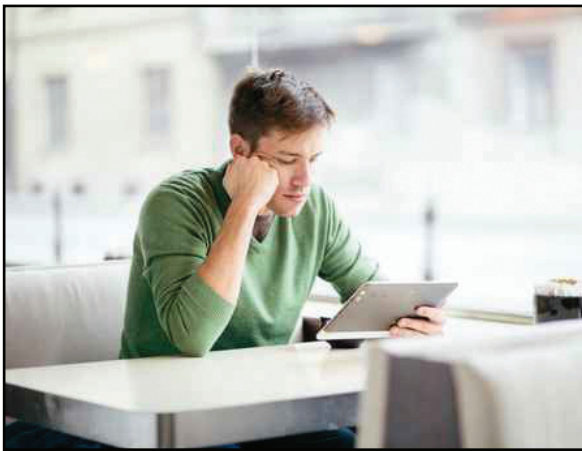


PHOTO COURTESY OF ASSOCIATED PRESS

**“What do I do now?”** While an increasing number of young adults are choosing to shun the world of social media altogether, *Huffington Post* contributor R. Kay Green provides the following suggestions for those who aren’t quite ready to give up their online personas:

1. “Stop comparing yourself to others. When you compare yourself to others, you are comparing yourself to the perception of what you think the person is. In reality, many people are presenting only their ideal selves.”
2. “Authenticity is key. Stay true to your real self. Instead of creating an inflated, unrealistic version of yourself, examine who you are and your best attributes. Determine what makes you unique and focus your attention on enhancing yourself... People like individuals who are relatable, yet real. Do not be afraid to show who you really are.”
3. “Align your ‘real’ self with your ‘ideal’ self. If you are portraying yourself as an ideal figure or with an ideal career, why not work towards those goals to achieve your ideal status? As we know, everything in life worth doing takes time, effort, energy and persistence.”

Lindsay Timmerman, Features Editor



Letters from Nana and Gramps

Tradition and transformation



James Rogers  
Co-Editor-in-Chief

At *The Anchor*, we are in the process of developing a strong online presence. We're working on daily updates to our Facebook and Twitter, as we hope to see a continual gain in Internet audience.

We'd also like to see a makeover to our portion of the Hope website ([anchor.hope.edu](http://anchor.hope.edu)), and discussions have occurred pertaining to this kind of update. We want to make *The Anchor* an enjoyable online experience.

We're aware that a newspaper releasing once a week on Wednesdays is not the most timely in today's speedy media state. We're not dishing out a paper every day or four days a week, but we still remain excited about the issue we create every week.

Our staff comprised entirely of Hope students puts a lot of time into each issue amid attending classes, involvement in other extracurriculars and maintaining some sort of a social life. With creating an appealing paper comes frustration and headache, but each staff member remains positive and finds the enjoyment in the process.

As co-editor-in-chief of *The Anchor*, I love giving students a platform to showcase their work that will be seen by thousands of eyes. It's always cool to see your name in print, and a gig with the school newspaper is always a nice addition to a resume.

*The Anchor*, the paper you can pick up with your hands and flip through, is not going away. Not anytime soon, to my knowledge. It's not going all online as many other papers have done in the past five years. We're sticking to the tradition of Wednesday releases, and we're proud of that.

With this being said, I know we would also be proud of a revolutionized online identity. This increase in Internet

attraction has been the No. 1 priority in meetings with my co-editor, Claire Call, and our staff advisor, Rosie Jahng. We'll need help, and we don't want this help to be confined strictly to *The Anchor* staff.

This is where you come in. Yes, you the reader. We're opening the gates for you to submit photos complete with a caption and a photo credit that will be posted on our Facebook page. We'd like these photos to be of any and all things Hope. For example, if you're at a basketball game in DeVos, snap a photo (phone pic, DSLR camera, whatever) and email it to us at [anchor@hope.edu](mailto:anchor@hope.edu) or message it to us via Facebook.

Our hope is to get any student interested involved with our online presence. Send us a poem, an announcement, an illustration. We want you to be a part of this Internet expansion. Tell your friends about our Facebook and Twitter. This could be really, really cool.

If you have any questions about helping out, email us. We'll be happy to get you on board. Also, you can always express interest in writing or taking photos for the actual hardcopy paper. As I said earlier, I love giving students the opportunity to put their work in print, and interested writers make section editors happy.

We owe it to you to make *The Anchor* an online resource. Help us out, and you'll be recognized. *The Anchor* began in 1887, and I can see 2014 as a monumental year in the news source's rich history.

Twitter: @HopeAnchorNews  
[facebook.com/hopecollegeanchor](https://www.facebook.com/hopecollegeanchor)  
Email: [anchor@hope.edu](mailto:anchor@hope.edu)  
Also see: [anchor.hope.edu](http://anchor.hope.edu)

*James knows that February is about to take over, and February starts off on a high note for James because Feb. 1 is his mother's birthday. Then the Super Bowl is on Feb. 2. James' first indoor track race will be in February, too, so that's fun. Feb. 14 is Valentine's Day and Feb. 27 is apparently Polar Bear Day, and polar bears fascinate James. Lots of love in February.*

Ask and you May be advised

Leave it to your lifeguard



Lauren May  
Staff Columnist

As we get further into the second semester, it is easy to get overwhelmed when adjusting to new classes, new professors and lots of coursework. While some of you may not be as stressed as others, a few of you may really be struggling to deal with everything this new semester has been throwing at you.

For those who are worried about how they will ever make it to summer and how this second semester will unravel, I have a good weekly challenge for you. One that will help calm you down and get you back on track.

Weekly Challenge #3: "Rest easy and put faith in God."  
Matthew 17:20: "For truly, I say to you, if you have faith like

a grain of mustard seed, you will say to this mountain, 'Move from here to there,' and it will move, and nothing will be impossible for you."

Isaiah 41:10: "Do not fear, for I am with you; do not anxiously look about you, for I am your God. I will strengthen you, surely I will help you, surely I will uphold you with My righteous right hand."

Proverbs 3:5-6: "Trust in the LORD with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths."

In reality, this challenge doesn't just apply to the problems and stress caused by school. By carrying out this task, anyone who is going through a tough time in life, no matter how big or small, can benefit.

Through these Bible verses, it should be easy to see that during tough times and struggles, there is truly no need to worry. When there are hard times, whether within school or outside of it, we should not panic. If we have even the smallest amount of trust in

God, we should know that he is there with us and will take care of us. As said in Romans 8:31, "If God is for us, who can be against us?"

So the next time you're struggling in class and don't think you're going to make it through to graduation, or even when you are having difficulty with some other tough aspect of your life, don't worry! Instead, try to follow through on this challenge and rest easy, while putting faith in God.

By doing this, you will feel a strong weight lifted off your shoulders, as you realize that God is in control and will not let you suffer. Stress, while sometimes hard to avoid, is really unnecessary and just makes life less enjoyable.

One of my favorite sayings that I think goes perfectly with this week's challenge is, "When you feel like you're 'drowning' in life, don't worry, just remember your lifeguard walks on water." -Unknown

*Lauren is hopeful that her weekly challenges are inspiring and helping Hope students.*

Editor's choice  
Quotes of Illumination

“ Friendship is born at that moment when one person says to another: ‘What! You too? I thought I was the only one.’ ”

— C.S. LEWIS ”

“ There is only one way to avoid criticism: do nothing, say nothing, and be nothing. ”

— ARISTOTLE ”

“ Let us read, and let us dance; these two amusements will never do any harm to the world. ”

—VOLTAIRE ”

“ Always maintain a kind of summer even in the middle of winter. ”

— THOREAU ”

“ You can tell how smart people are by what they laugh at. ”

— TINA FEY ”

ANCHOR

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# Desert storm

Why our future lies with nuclear energy



Andrew Gomez-Seoane  
World Co-Editor

In my previous assessment of the Keystone Pipeline XL, I mentioned that with the exploration of new resources domestically, nuclear power would ultimately play a larger role in transforming the country into a net exporter of energy. There is a need to include nuclear in our discussion of energy independence because it offers the most potential for sustainable (and renewable)

energy in the coming decades. Thus, in our discussion of “new” energy solutions, it should not be overlooked as an alternative to the current system of our petroleum-based economy. But to understand the importance of nuclear energy we must trace it back to its roots.

The story of nuclear power begins shortly after the introduction of the atomic bomb at the end of 1945. Initial testing demonstrated that splitting uranium atoms with the force of neutrons could create a series of reactions that produced massive amounts of energy. This energy could then be harnessed and used to power entire cities at a time, as long as the reactions in the reactor were under control.

Overall, the nuclear movement began to accelerate in the 1950s and the “Atomic Age” was born. The construction

of reactors remained at a steady rate until the onset of the 1970s. The accident at Three Mile Island in 1979 caused an uproar over the use of nuclear power. Fear of another disaster prompted activists to protest the construction of new power plants. The tide of public opinion turned and the country felt that continuing to invest in such technology was far too risky.

Thus, the ’70s marked the end of the country’s push toward a nuclear future, with existing plants taking the brunt of the power load for decades to come. While the recent disaster in Japan brings uncertainty to the future use of this technology, some states are moving forward regardless, while others have decided to pursue a different route. Now the goal will be to create smaller reactors that can be more cost effective

and still produce enough energy for the consumer. This concept embodies where many, including myself, see the future of nuclear energy heading. This method will allow for greater research into the development of portable nuclear power generators that can have a wide range of applications from home use to transport vehicles.

It is clear that nuclear energy still holds great promise for the future in terms of its unlocked potential. In the realm of renewable energy, it presents us with an extremely efficient and minimally dangerous alternative to the use of fossil fuels. In the years since the protests, prominent individuals in the climate debate have come to see nuclear energy as an option to combat pollution and destruction of the environment.

If we all take the time to move

past the senseless rhetoric, we will see that nuclear energy is not the villain it has been portrayed as by environmentalists. It is with great encouragement that several states, including Georgia, South Carolina and Tennessee, are pursuing the construction of, and investment in, new plants. The only way to continue to bring costs down will be to invest and remain committed to researching nuclear energy in the foreseeable future. The new nuclear renaissance can begin; we simply have to commit ourselves to pursuing all options in the great energy debate.

*Besides politics, Andrew enjoys discussing the history of the United States and its role on the world’s stage. His hero is Thomas Edison, and he believes we should all work tirelessly to achieve our dreams.*

# Where there’s a Will, there’s a way

On MLK, soul food and cultural conversations

Will DeBoer  
Guest Columnist

For last Monday’s Martin Luther King Jr. Day lunch, Phelps and Cook dining halls served a variety of “soul foods,” including fried chicken, sweet potatoes and pecan pie. Many of the dishes offered were well-documented favorites of Dr. King, and the menu itself was inspired by Paschal’s Restaurant in downtown Atlanta, a stop Dr. King often frequented. While there is nothing inherently wrong with serving a man’s favorite foods on his holiday, misunderstandings by both Creative Dining Services and the Hope student population led to discussions about the menus’ insensitivity.

Creative Dining Services, a corporation jointly run by Hope and Calvin Colleges that serves around 85 other clients, has collaborated with the Office of Multicultural Education over the years to create menus that reflect and honor different cultures.

“We want to be as authentic and as sensitive as we can,” said Bob van Huekelom, Director of Dining Services.

The special menus, which were posted online in advance of the holiday, first caught the attention of Hope students on Sunday night. The reaction was

swift, as several took to Twitter to voice their concerns over the menus’ offensive potential.

“I was surprised that [Hope] would choose foods with such racial stereotypes to serve on MLK Day to honor him,” Lisa Savagian (’16) said. “I’m sure [it was] without offensive intentions, but if you just label it as the ‘MLK Day Special’ and don’t explain the reasoning behind it, people are going to be taken aback.”

Creative Dining Services started to hear whispers of backlash by 10 a.m. on Monday morning, an hour before lunchtime. Van Huekelom and staff met and decided to revise the meals’ introductory description and post a history referring to Paschal’s Restaurant.

“Once we knew there was some misconception about our intent, or whether or not we were being sensitive, we decided to add a little more background,” Van Huekelom said.

The additional information was too little, too late for many Hope students, who felt the added explanations were not visible enough to erase misconceptions.

“The foods were [supposed] to be [Dr. King]’s favorites, but there weren’t any sources posted anywhere to back up that information,” Mariana Thomas (’16) said. “There were

no videos or pictures of articles that showed up on the TV screens, and so it came off as an assumption on [Hope’s] part.”

“I appreciate the effort,” said Sarah Harvin (’16) said, “but too many stereotypes were played upon.”

Both Harvin and Thomas, who are members of Hope’s Black Student Union, also took offense to Dr. King’s lack of visibility around the rest of campus on MLK Day.

“Dr. King was a reverend, so I expected him to be mentioned in chapel that day,” Harvin said. “But there was no mention of Dr. King at all. It was business as usual.”

“It came across like the only thing Hope does to honor Martin Luther King is to serve fried chicken,” Thomas said. “And that is offensive.”

Alfredo Gonzales, Hope’s Dean of International and Multicultural Education, defended Creative Dining Services’ track record of inclusion. He also acknowledged that, while several civil rights-themed programs were planned throughout the week, the college came up short in marking MLK Day itself.

“Creative Dining Services always looks for ways to reach out to more students,” Gonzales said. “We failed to take opportunities as an institution

to lay out a broader narrative that would draw attention to Martin Luther King.”

It seems the controversy could have been reduced if more people had understood the menus’ origins. Hope students and Creative Dining Services each had a hand in creating and fostering the dispute. Students should have considered that, despite the stereotypical nature of the food, perhaps these really were Dr. King’s favorite dishes. They should have taken the time to research the matter before jumping to conclusions. Creative Dining Services, meanwhile, needed to explain the reasoning behind the menus sooner and more publicly than it did. A hasty note to dismiss oncoming criticism came across as insincere.

Hope College and its students can, and should, use the lessons learned from this situation to create greater dialogue on cultural diversity. Students and staff alike have praised recent efforts to examine diversity and inclusion, such as the new GROW Campaign, but stress the importance of injecting the conversation into classrooms and academic settings.

“If people here are asking questions, I welcome them,” Gonzales said. “We are an academic community, and it is part of our responsibility to



engage those questions.”

“Culture and issues of diversity have touched every sphere of discipline,” Thomas said. “There is no reason for it not to be incorporated into every class in some way, shape or form.”

As for the soul food menu itself, both students and Creative Dining Services would benefit from serving it more than just for special occasions, such as MLK Day.

“I enjoyed the food, and it’s great that they served it,” Savagian said. “I wish they would serve it more often.”

“For Martin Luther King and African American culture, soul food is a soul bridge to our culture,” said Vanessa Greene, Multicultural Life Director. “There’s a reason why it’s called soul food: soul means love. It’s love food.”

Indeed, for a college that stresses the importance of love, incorporating such a menu into regular rotation at Phelps and Cook halls would certainly be welcome.

*Will loves baseball, and we at The Anchor advise against challenging him to a battle in baseball trivia.*

**Our Mission:** *The Anchor* strives to communicate campus events throughout Hope College and the Holland community. We hope to amplify awareness and promote dialogue through fair, objective journalism and a vibrant Voices section.

**Disclaimer:** *The Anchor* is a product of student effort and is funded through the Hope College Student Activities Fund. The opinions expressed on the Voices page are solely those of the author and do not represent the views of *The Anchor*. One-year subscriptions to *The Anchor* are available for \$40. *The Anchor* reserves the right to accept or reject any advertising.

**Letter Guidelines:** *The Anchor* welcomes all letters. The staff re-

serves the right to edit due to space constraints, personal attacks or other editorial considerations. A representative sample will be taken. No anonymous letters will be printed unless discussed with Editor-in-Chief. Please limit letters to 500 words.

Mail letters to *The Anchor* c/o Hope College, drop them off at the Anchor office (located in the Martha Miller Center 151) or e-mail us at anchor@hope.edu by Monday at 5 p.m. to appear in Wednesday’s issue.

**Advertising Policies:** All advertising is subject to the rates, conditions, standards, terms and policies stated in *The Anchor*’s advertisement brochure.

*The Anchor* will make continuous efforts to avoid wrong insertions, omissions

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**Contact Information:** To submit an ad or a classified, or to request a brochure or other information, contact our Ads Representative at anchorads@hope.edu. To contact our office, call our office at (616) 395-7877.



## Protests in Ukraine continue

◆ **UKRAINE**, from page 3

that any partnership between Ukraine and the EU could lead to the Ukrainian membership in the bloc.

On Jan. 24, as another week-end of brazen protests began to heat up, the Ukrainian government seemed to signal that they might be bowing to the internal pressures.

Ukrainian President Yanu-

kovich released a statement on his website: “I as president will sign a decree and we will re-shuffle the government in order to find the best possible professional government team.”

It remains to be seen how genuine this promise of internal reorganization will turn out to be. Seeing how Ukraine will handle foreign pressure from both sides will be something to observe in the coming weeks.

## Austin’s Thought Process: My Battle with Procrastination

**Austin Elluru**  
GUEST COLUMNIST

When classes after 12 p.m. were canceled on Friday, Jan. 24, I, unlike 99 percent of the rest of the student population, was actually quite frustrated.

The previous night I had been writing and editing an essay until 3 a.m. for my only class after 12. Of course, the due date for the essay was pushed to Monday, and I had felt like I wasted a good night’s rest for nothing. Of course this wouldn’t have happened if I just worked on the essay a little earlier instead of procrastinating.

Procrastination has caused some significant trouble in my past, so much that I decided that my New Year’s resolution this year was actually to work on my procrastination... and to go on a date (I’m still single).

So when checking my notebook, I saw that I wrote I had a test in psychology on Monday. Seeing this, I decided to work on my New Year’s resolution and study all through the weekend rather than cram all Sunday night. This plan fell apart from the moment of its conception when I collapsed from exhaustion after Thursday’s late night.

The next day I decided to get rid of all distraction, including my phone, and spent most of my time downing caffeinated beverages at JP’s. However, my clever idea fell apart as soon as I ran out of money to buy coffee, and so I took a nap before I

went to dinner. I spent about two more hours studying before calling it for the night.

Unfortunately for me, I forgot to set an alarm clock on Sunday and of course didn’t get up until 1 in the afternoon. After a quick lunch, I made the mistake of checking my phone, and four hours later it was dinner and my phone was dead.

The rest of the night I have to say was a train wreck of a study session. I was constantly distracted by the faintest of noises, I went out of my way to start conversations with people I barely knew, and a page took an hour to read.

At some point near midnight I went outside to face-plant in the snow to keep myself awake. When I finally did go to bed, I was so haunted by the idea that I was unprepared that I set my alarm two hours earlier to wake up and study some more. Thus on Monday morning I stumbled into my psychology class exhausted and slightly confused.

As I sat down and emotionally prepped myself, I asked a fellow classmate if he was ready for the test. Confused, he looked at me and told me that our test wasn’t until next week.

Although I wasted most of my weekend studying for this test and lost a lot of sleep, not to mention every cent I spent at JP’s, I’m counting this as a point for me against procrastination. Furthermore, I have a new goal of working on organization along with procrastination...and getting a date (still single).

# Hope: a winter wonderland



PHOTO BY JEFF ZITA

**A CLOUD’S-EYE VIEW—** An aerial shot of Hope’s snow-bundled campus as seen via drone photography on a rare sunny day in the skies of Holland, Mich. Already this semester, Hope has cancelled multiple days of classes because of dangerous driving conditions and cold weather.

Snow days are a rarity at Hope. Since the majority of students live on campus, the school is known for holding classes even when local schools and businesses are closed. Despite this precedent, three snow days have already been used this semester.

The last snow day Hope College students enjoyed was in February of 2011, a distant memory for the class of ’14. Hope’s record of snow days before that is incredibly sparse, including two days off in 1997, one in 1996, one in 1994 and another in 1978.

Regardless of history, Hope students this semester are enjoying the rare abundance of days off and hoping for a continuance of the trend.

## Want to get your name in print?



*The Anchor* is always looking for interested students to get involved in writing, taking photographs, drawing cartoons, sending in letters to the editor... Whatever way you want to get involved, we would love to have you!

We meet Sundays at 6 p.m. in our office in Martha Miller. We brainstorm story ideas for the upcoming issue, and students are always welcome to join! Come check out the opportunities to get your name in print as a writer.

We want to hear your voice. Get involved!

# BE A HERO - SIGN A STUD!

A full-page illustration of Superman in his classic blue suit with a red cape and the yellow 'S' shield. He is holding a large wooden 2x4 stud vertically in his left hand and a hammer in his right hand. He has a tool belt around his waist filled with various tools.

## Friday, Jan. 31<sup>st</sup>, after chapel

**DONATE MONEY & YOU CAN SIGN A 2 X 4 STUD THAT WILL BE PUT IN A LOCAL HHH HOME!**

**PRESENTED BY HOPE COLLEGE HHH CAMPUS CHAPTER**



THIS DAY IN SPORTS

1936 - First inductees into the Baseball Hall of Fame

The first class of the Baseball Hall of Fame was inducted in 1936. There were five players in the initial class. Ty Cobb, Babe Ruth, Honus Wagner, Christy Mathewson and Walter Johnson were honored with induction. Cobb received the most votes of any of the players. He appeared on all but four of the 226 ballots given to the baseball writers. The players would not be honored at a ceremony until three years later.

1968 - Adolph Rupp becomes college basketball wins leader

On this day in 1968, Adolph Rupp won his 772nd basketball game and passed Phog Allen as the all-time wins leader in major college basketball. Rupp earned the historic win after Kentucky defeated Mississippi. Rupp had actually played college basketball under Allen at Kansas. Rupp ended his career with 876 wins. His record would stand until 1997 when Dean Smith passed him. Rupp now ranks fifth on the all-time list of coaching wins.

1984 - First NBA slam dunk contest won by Larry Nance

Larry Nance is a retired NBA forward who played a total of 13 seasons on the Phoenix Suns and Cleveland Cavaliers. Nance was a three-time NBA All-Star and was one of the league's best shot-blockers, averaging 2.2 blocks per game upon retirement.

1995 - San Francisco 49ers win Super Bowl XXIX

On this day in 1995, the San Francisco 49ers routed the San Diego Chargers 49-26 to win Super Bowl XXIX. This was the first and only appearance in the game for the Chargers. It was the fifth appearance and fifth win for the 49ers. The game was highlighted by Steve Young's record-setting performance. Young threw six touchdown passes and easily won the Super Bowl MVP award.

1995 - Andre Agassi wins Australian Open

On this day in 1995, Andre Agassi defeated Pete Sampras in four sets to win the Australian Open. Agassi was the No. 2 seed while Sampras was seeded first. This would be the first of four Australian Open titles for Agassi. It would also mark the only time that Agassi would beat Sampras in a Grand Slam final. The two met on that stage a total of five times.

Chilly temps can't freeze fun runs

Zach Zandbergen  
GUEST WRITER

I feel like I'm 10 again.

It's not only because I've spent countless hours practically every night playing Mario Kart instead of doing homework or because we have a mini basketball hoop set up in our living room that makes dunking easy (if you avoid the glass cabinet).

It's because of the Polar Vortex. Extreme temperatures and mountains of snow have transformed Hope's campus into a collegiate snow globe, something a child dreams of spending an entire day in. The weather has cancelled classes, postponed basketball games and made travelling a nightmare. But there's one thing that this weather doesn't inhibit: running.

Every day, rain or shine, Polar Vortex or heat wave, I try to run outside. I have a long-standing hatred of treadmills, and running on the Dow's indoor track is equivocal to a hammer straight to the knees for me, which leaves me with one option: Brave the elements.

So when the clock approaches 4 p.m. every day, I look out the window of Graves Hall from my British Literature class and think, "I'm going to run in that."

It's exhausting, really. The cold turns sidewalks to ice and forces us runners onto the streets, where angry drivers honk, curse and showcase their middle fingers proudly. The wind bites at our faces, forcing tears from our eyes, which freeze as they fall. The snow that piles onto our cold faces covers any exposed facial hair into what's known as a "Snow Beard."

It's around this time in the year when my typical enthusiasm to get out the door and run turns to



PHOTO BY JAMES ROGERS

"THE SNEARD"— Zandbergen with a gnarly post-run look.

dread. As the snow piles higher, my motivation dips lower.

To counter this seasonal running depression, I've turned back the clock to 2002 and regressed back into a 10-year-old mindset. This childlike enthusiasm toward the Polar Vortex, combined with some of the goofiest teammates, morphs any run into an adventure.

Snowy out-and-backs turn into competitions to see who wins the "Most Miserable-Looking" title or who has the coolest Snow Beard. Snowball fights break out in the middle of long runs, two sides separated by the street lobbing snowy ammunition at one another, targeting unsuspecting

teammates. Typical routes become un-runnable, which means running around Windmill Island and back to campus three times becomes a fun mental challenge. (For the record, five loops from the Dow, around Windmill Island and back to the Dow has never been done before. Anyone who wants to attempt this feat, let me know. Let's break a Hope record together.)

You might say we're insane for running in sub-zero temperatures, but to me, it's just a way to take advantage of unforgettable winter weather. So get out there, make a fort, catch a flake on your tongue and let out your inner 10-year-old.

THIS WEEK IN SPORTS

Wednesday Jan. 29  
Women's Basketball  
vs. Olivet at 6 p.m.  
Men's Basketball  
vs. Adrian at 8 p.m.

Saturday Feb. 1  
Women's Basketball  
vs. Calvin at 3 p.m.  
Hockey  
vs. Davenport at 9 p.m.  
at the Edge Ice Areana

IN BRIEF

TOM RENNER TO RECEIVE "HOPE FOR HUMANITY AWARD"

Tom Renner, who retired at the end of December as associate vice president for public and community relations after serving at Hope College for 47 years, will receive the "Hope for Humanity Award" from the college's alumni H-Club.

Renner, who joined the Hope staff in 1967, developed and directed the college's overall program in public and community relations, which includes the college's news, sports information and media relations programs; community programming such as Community Day and Winter Happening; college home web pages; and multiple publications.

In addition to his work with the college, his involvement in the Holland community included serving on the Tulip Time Board of Directors and Executive Board for several years, and the committees for the commemoration of Holland's 1997 Sesquicentennial and "Celebration 2000" event. He has also co-chaired the college's United Way drive. He and his wife Carole are members of Christ Memorial Reformed Church in Holland.

There is no doubt that Renner is very deserving of this award after his decades of dedication and loyalty to Hope College and Hope athletics.

HOPE SAILING CLUB TRAVELS TO CHICAGO

The Hope College Sailing Club attended the Midwest Collegiate Sailing Association (MCSA) Midwinter Meeting in Chicago this month.

The Midwinter Meeting at Navy Pier from Jan. 23-25 was the annual meeting of the MCSA. Member colleges and universities reviewed the annual report, voted on student awards and student board positions, submitted new teams to the association, scheduled regattas for the upcoming year and attended a banquet.

Hope College Sailing Club Commodore Evan Rodgers ('15) and Vice Commodore Evelyn Ritter ('15) attended the meeting, and most of Hope's sailing team was in attendance. The team used this time to network with other sailors, attend seminars, thank alumni and recruit.

Hope College Study Abroad

Your adventure awaits.  
Fall 2014 application deadline February 1st

A scenic landscape photograph showing a person standing in shallow, calm water. In the background, a range of snow-capped mountains stretches across the horizon under a cloudy sky. The person's reflection is visible in the still water.



# Upcoming schedules for Hope athletics

### Women's Basketball

- Jan. 29 vs. Olivet at 6 p.m.
- Feb. 1 vs. Calvin at 3 p.m.
- Feb. 3 at Alma at 6 p.m.
- Feb. 5 at Kalamazoo at 6 p.m.
- Feb. 8 at Adrian at 3 p.m.
- Feb. 12 vs. St. Mary's (Ind.) at 7:30 p.m.
- Feb. 15 vs. Trine at 3 p.m.
- Feb. 19 vs. Albion at 7:30 p.m.
- Feb. 22 vs. Rochester College at 3 p.m.

### Hockey

- Jan. 31 at Davenport at 8:20 p.m.
- Feb. 1 vs. Davenport at 9 p.m.
- Feb. 7 vs. Aquinas at 7:30 p.m.
- Feb. 8 at Aquinas at 5:20 p.m.

### The Anchor Sports Editors

Caitlin Rivera: Sports Editor  
Kyle Bernaciak: Asst. Sports Editor

### Men's and Women's Track and Field

- Feb. 15 at Calvin Indoor Invitational at 11 a.m.
- Feb. 21 at GVSU Indoor Tune-Up at 3 p.m.
- March 1 at MIAA Indoor Invitational at 11 a.m.
- March 14-15 at Rhodes (Tenn.) Open at 10 a.m.
- March 21-22 at Emory (Ga.) Invitational at 10 a.m.



PHOTO BY LIZ MARTIN

### Spring sports around the corner...

Most teams begin practices this week. Baseball begins a week later, starting on Feb. 3.

### Men's Basketball

- Jan. 29 vs. Adrian at 8 p.m.
- Feb. 1 at Trine at 1 p.m.
- Feb. 3 vs. Kalamazoo at 7:30 p.m.
- Feb. 5 vs. Calvin at 8 p.m.
- Feb. 8 vs. Albion at 3 p.m.
- Feb. 12 at Olivet at 8 p.m.
- Feb. 15 vs. Alma at 7:30 p.m.
- Feb. 19 at Kalamazoo at 7:30 p.m.
- Feb. 22 at Adrian at 7:30 p.m.

### Men's and Women's Swimming and Diving

Feb. 12-15 MIAA Championships at Calvin

### Keep up with Hope athletics

Check out: [hope.edu/athletics](http://hope.edu/athletics)  
Twitter: @HopeAthletics

# Hope winter sports season updates

**Kyle Bernaciak**  
ASSISTANT SPORTS EDITOR

### Men's Basketball

The men's basketball team is currently 10-6 overall and 4-1 in MIAA conference play. Hope's conference record has put it at third place, just behind Albion College and Calvin College. With just a handful of conference games remaining, the Flying Dutchmen need to gain some ground in order to sit atop the MIAA at the end of the season.

Ben Gardner ('16) currently leads the Dutchmen in points per game with 13.4. Just behind Gardner is his fellow classmate, Alex Eidson ('16), who has averaged 12.9 points per game. In addition, Gardner also leads Hope in the assists category with an average of 3.4 per game.

From a team standpoint, the Dutchmen have averaged 73.1 points per game, 13.6 assists and 6.1 steals. Unfortunately, Hope only makes a meager 4.8 three-pointers per game and allows 72.7 points per game. If the Dutchmen want to seriously contend for the conference championship, they need to shape up their game on both ends of the ball.

### Women's Basketball

The Flying Dutch have been perfect thus far this season by compiling a 16-0 overall record and an 8-0 conference record. They are definitely in the driver's seat for the MIAA title after getting stellar performances from both upperclassmen and underclassmen.

After coming back from Orlando in late December, the

Dutch have rolled over MIAA opponents. In their last five matchups, they have defeated their opponents by at least 15 points. That is known as domination, at the very least.

Hope has been led by forward Maura McAfee ('16) and her average of 13.9 points per game. Just slightly behind her is fellow forward Rebekah Llorens ('15) who averages 13.4 points per game. Not only can both of these players score, but they attack the boards with ferocity. McAfee averages 9.9 rebounds per game, while Llorens averages 6.4.

As a team, the Dutch have averaged a stellar 84.4 points per game. This is much of the reason why they have blown out so many of their opponents. They are also vicious on the boards; on average, the team grabs 47.7 rebounds per game. There is no doubt that the Dutch are in a good position entering the final stretch of their MIAA season. If they keep the momentum going, they will be top contenders in the MIAA and NCAA tournaments.

### Men's Swimming/Diving

With the MIAA Championships looming just weeks away, the men's swimming team looks to finish its regular season strong and work out all the kinks through hard practice. The conference championships are set for Feb. 12-15 at Calvin College, and the Flying Dutchmen only have one regular-season meet

remaining.

Even though the Dutchmen have not performed very well as a team, there are many individual performances that have stood out thus far. Zach Diener ('17) has recorded the best individual performances in nearly all freestyle events along with Duncan MacLean ('16). In the backstroke events at a variety of distances, Christian Otteman ('17) has led the pack, and in the breaststroke, Jeff Zita ('16) has compiled the Dutchmen's top times. Jake Hunt ('14) has been the team leader in the butterfly events after a strong day at the Wheaton (Ill.) Invitational earlier this season.

The Wheaton (Ill.) Invitational produced the best individual and team results thus far for the Dutchmen, and they hope to carry those fantastic times to their final conference meet.

### Women's Swimming/Diving

Klare Northuis ('16), Lindsay Wiederhold ('16), Jorgie Watson ('16) and Sarah Sheridan ('16): the sophomore quad of swimming dominance for the Flying Dutch. These four swimmers have been stalwarts all season and hopefully will carry the Dutch in the MIAA Championships in mid-February and also in the NCAA meet. These swimmers have not only been atop many of the leaderboards, but they have covered almost every event, including diving with great performances from Sheri-

dan, with their incredible feats.

As a team, the Dutch have posted average results in most of their meets. Even though they have not finished in first place in any meet, they did finish in second place at the Wheaton (Ill.) Invitational on Jan. 11. Just like the men's swimming team, the MIAA Championships will be held Feb. 12-15 at Calvin College.

### Hockey

The Flying Dutchmen hockey team is currently on an impressive 14-game win streak. This is business as usual for the hockey program, which has a long history of success. Their last loss was way back in 2013 on Oct. 25 when they fell to Adrian Gold. Since then there has been nothing but strong contests from the Dutchmen. They have performed stellar on both offense and defense. In its last seven games, Hope has won by at least four goals.

Jamie Haak ('14), Ryan Restum ('16) and Rob Calvert ('15) all have had demanding performances and have led the Dutchmen to many convincing victories. Goalie Drew Cook ('14) has not only played spectacular, but he has kept the Dutchmen in many close games this season.

With only a handful of games left, the Dutchmen hope to finish their season strong and continue their win streak. Hopefully that momentum will carry into playoff time.

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